

## Under The Red Island Bakery

„Under The Red Island Bakery“ was recorded from start to finish in a day in the basement of Fabian's apartment in Berlin. All tracks are single takes, no loops or re-recordings were used anywhere in the process and all instruments were played live in the room by Fabian except for the trumpet which was played by his good friend Jake Painter.

One month after his first child was born, Fabian and his new family moved from London to Berlin. It was in this new city that they found themselves living in what used to be a bakery in a small area of Berlin called ‚Rote Insel‘ (Red Island). „Berlin is a fascinating city, the way the architecture is built you can find these quiet little pockets. We're living in the middle of a major city and it's completely silent.“

This album finds Fabian juggling between guitars in the middle of songs and sometimes playing multiple instruments at the same time. „I wanted to transport the listener into the room. I wanted all these instruments and frequencies to be bouncing around in one place together and to capture all that in a recording. It wasn't necessarily about playing multiple instruments at the same time but more about being able to fluidly move between one instrument to the other without there being any gaps. To do that I needed to come up with a few techniques and tricks.“

Fabian has two lap slide guitars on stands placed around him like pianos, one of them is a lapsteel electric guitar that he hand built himself for this album from a single piece of 40 year old mahogany. Acoustic guitar is still the main focus but with subtle touches of lap slide, ukulele, trumpet and charango, a small Lute like instrument from South America.

The songs are stories about love, loss and heartache. The album starts with „Two men in a boat“ Fabian's metaphor for Brexit with a haunting introduction that sets the tone for the album. „Holiday“ a tragic story told by a father to his kids about a families journey fleeing their country in seek of a better future. „She don't love me“ is a love sick blues song inspired by the legendary Chicago blues pianist Otis Spann.

Some songs on the album are more personal. „Another Monday“ is the experiences Fabian and his partner went through during the birth of their son. „Cold Tea“ looks at the worries of loneliness when growing old.

After some years since Fabian's last release he's clearly been busy becoming a father and developing his song writing and musicianship to a much deeper level. This is a stripped back and mature album that sets Fabian apart as not just a virtuoso guitarist but as a very interesting modern songwriter.